# **ALIVIT**pharm

# Fermented garlic in SYNERGY

with extracts of medicinal herbs

















#### WHO WE ARE

**AlivitPharm** unique products in specially formulated compositions, through the power of fermented garlic, enriched with extracts of medicinal plants that have been used for centuries in folk and traditional medicine, as well as various vitamin and mineral supplements, provide extremely effective beneficial impacts on various types of health problems.

#### WHAT MAKES OUR PRODUCTS UNIQUE?

**AlivitPharm** is the first on our market to introduce the synergy of fermented garlic with medicinal herbs from our climate into supplementation. Medicinal herbs are grown under strictly controlled conditions or freshly harvested from an unpolluted area in nature, in order to contain the highest concentration of beneficial active principles and enable the maximum effectiveness of our products. The unique technology of making a soft gelatin capsule, because of which we stood out as the first in the Balkans, enables our products the highest bioavailability, and makes them easier to swallow.

The mission of the **AlivitPharm** company is reflected in preserving the natural synergy of plants that protect and strengthen our immunity.

The goal of **AlivitPharm** products is to prevent and protect our health in a natural way.







# SYNERGY

with medicinal herbs



#### **GARLIC**

The use of garlic in human nutrition dates back to ancient times, starting with the builders of the pyramids in Egypt, through the Roman legions where garlic became a symbol of the health, strength and power of the soldiers, until modern times.

Garlic remains one of the most important foods in the human diet and a traditional "panacea" medicine for all diseases.

# HERZEGOVIAN GARLIC (it is among the highest quality varieties in the world)

Cultivation under strictly controlled conditions in the territory of Herzegovina has enabled our products to have top quality properties, thanks to which they are included in the top five in the world nomenclature. The favorable Mediterranean climate and limestone soil full of minerals contribute to the quality of Herzegovinian garlic.

#### WHAT IS BLACK GARLIC - FERMENTED GARLIC?

The fermentation process of garlic under controlled conditions produces BLACK GARLIC (fermented garlic), a product that allows us to introduce up to 10 times more antioxidants into our body, without stomach irritation and an unpleasant smell after consumption. Modern optimized technology of fermentation, lyophilization and extraction contributes to obtaining high-quality raw material of fermented garlic.







lowers high cholesterole levels in organism

lowers high blood pressure

powerful antioxidant

prevents and helps with atherosclerosis

#### **ATEROSTOP** is intended for the following conditions:

- Coronary artery blockage
- · High blood pressure
- Regulation of LDL, HDL cholesterol
- Other cardiovascular disorders
- Irregular heart rhythm

- Ischemic damage to heart function
- Poor blood circulation in the heart muscle,
- weak heart contraction strength
- Prevention of atherosclerosis
- Preventive predisposition to high cholesterol

## https://www.alivitpharm.com/en/product/aterostop/

Atherosclerotic changes in blood vessels are the most common cause of coronary disease, cerebrovascular complications and blood flow disorders in peripheral arteries. Hyperlipoproteinemia is a risk factor in the development of the mentioned diseases. A special risk is an increase in LDL, with a simultaneous decrease in HDL cholesterol, as well as hypertension. Aterostop lowers elevated blood pressure, regulates cholesterol metabolism and normalizes the level of LDL and HDL cholesterol, and is successfully used in the prevention of atherosclerosis. Hawthorn leaf and flower affect the expansion of coronary blood vessels and have a favorable effect on the blood supply to the heart muscle.



- 90 hard capsules
- Nutritional supplement
- Gluten-free

#### Dosage: 3 X 1 capsule during or after a meal.

 $<sup>^{*}</sup>$  Our products have a high tolerance when used simultaneously with pharmacotherapy for various pathological conditions.

<sup>\*\*</sup> In addition to the effect on the primary indication, all preparations have a beneficial effect on a number of other metabolic disorders (hypertension, dyslipidemia, diabetes, atherosclerosis, etc.).

## WHY ATEROSTOP?



Fermented garlic has a strong antioxidant and antiinflammatory effect, normalizes the level of LDL and HDL cholesterol, and maintains a normal level of homocysteine, helps lower high blood pressure and has an anticoagulant effect



Hawthorn has a positive effect on the cardiovascular system, increases blood flow through the myocardium, and reduces peripheral resistance in blood vessels. The active principles of the flower with hawthorn leaf exhibit antioxidant activity and protect cells from the attack of free radicals, which are the cause of many diseases in the body.

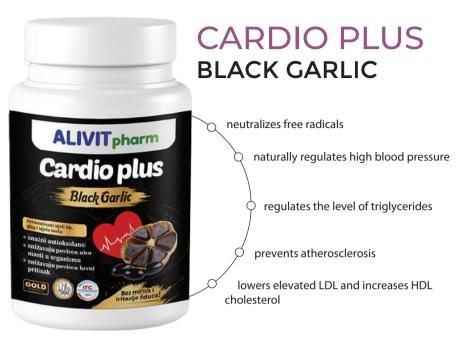


Wild garlic is a powerful agent in the fight against oxidative stress, lowers blood pressure, fat levels in the body and has a cardioprotective effect. This plant has the potential to restore cardiac function after ischemic damage.



Lemon balm has spasmolytic and soothing effects, as well as positive effect on the heart function. It is used as an antiarrhythmic agent, it leads to a negative chronotropic and dromotropic effect.





#### **CARDIO PLUS** is intended for the following conditions:

- Heart failure (weakened heart function)
- Hypercholesterolemia (high cholesterol)
- · Angina (heart disease)
- Arrhythmia

- High triglyceride levels
- Hypertension (high blood pressure)
- In combination with diabetes therapy
- Preventive predisposition to cardiovascular diseases

## https://www.alivitpharm.com/en/product/cardio-plus/

Hypertension is a very common health problem nowadays, which can, if not controlled, cause other much more serious diseases. Several cardiovascular diseases are associated or more expressed in hypertension, for example: atherosclerosis, coronary heart disease, aortic aneurysm, heart failure. Cardio plus contains plant species that help maintain the normal functions of the cardiovascular system and prevent heart failure. This product is especially intended for people who already have hypercholesterolemia (increased cholesterol level), some form of heart failure (weakened heart rate), as well as hypertension (high blood pressure), but it can also be used by healthy people, especially those with a positive family history of cardiovascular diseases.



- 90 soft gelatin capsules
- Dietary supplement
- Contains soy and is gluten-free

Dosage: 3 X 2 capsules during or after a meal.

## WHY CARDIO PLUS?



Fermented garlic has a strong antioxidant and antiinflammatory effect, naturally lowers elevated fat levels in the body, has an anticoagulant effect and is cardioprotective.



Hawthorn has a positive effect on the cardiovascular system, increases blood flow through the myocardium, and reduces peripheral resistance in blood vessels. Hawthorn has both antiarrhythmic and antihypertensive effects. It is recommended for use in mild forms of heart failure, arrhythmia, hypertension, atherosclerosis and cerebral insufficiency.



White mistletoe has a cardioprotective effect and a beneficial effect on heart function in people suffering from heart failure. It is used to relieve hypertension and prevent atherosclerosis.



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#### **DIABETSTOP** is intended for the following conditions:

- For individuals with Type I and Type II diabetes, for managing the disease and regulating blood glucose levels, as well as for protecting nerves from oxidative stress (preventing the development of Polyneuropathy), thereby delaying and preventing diabetes complications
- For individuals with borderline bloodglucose levels, on specific diets but not undergoing insulin therapy
- Preventive for individuals with a genetic predisposition to diabetes

- For regulating and controlling the three-month average blood sugar level
- · For individuals with insulin resistance
- For overweight individuals, with elevated lipid levels in the blood
- For individuals with low physical activity
- For individuals who consume too much sugar in their diet
- For women with polycystic ovary syndrome, to prevent insulin resistance
- As an addition to Metformin therapy

## https://www.alivitpharm.com/en/product/diabetstop/

Diabetes mellitus (sugar disease; diabetes) is a chronic disease from the group of metabolic disorders. It occurs when the body cannot process all the sugar in the bloodstream, and complications can lead to heart attack and stroke, blindness, and kidney failure. Diabetes depends on genetic or environmental factors, but it can be controlled by maintaining optimal blood sugar levels through a healthy diet, active lifestyle and appropriate supplementation.

Diabetstop is a dietary supplement with a very complex composition. It is primarily intended for people suffering from type I and type II diabetes, but also for all other people who have a sugar metabolism disorder, as well as those who have a positive family history of diabetes.



- 90 hard capsules
- Dietary supplement
- Gluten-free

Dosage: 3 X 1 capsule during or after a meal.

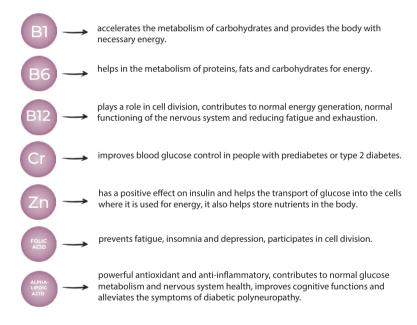
## WHY DIABETSTOP?



Fermented garlic has a strong antioxidant and antiinflammatory effect, contributes to the normal function of the immune system and maintains a normal level of blood sugar.



Cinnamon increases insulin sensitivity and thus can reduce blood sugar levels and contribute to better control. It reduces the amount of sugar that enters the bloodstream after a meal by slowing down the breaking of carbohydrate chains in our digestive tract.





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reduces bloating, cramps, nausea

accelerates the elimination of gases

regulates bowel function

calms the inflammation of the mucous membrane of the stomach and intestines

#### **DIGESTIV** is intended for the following conditions:

- For digestive system issues cramps, poor digestion, bloating, intestinal motility, microbiota
- Preventive for individuals with a predisposition to gastrointestinal diseases
- Adjunct therapy for gastritis, inflammatory bowel diseases, ulcerative colitis, ulcers (gastric ulcers), Crohn's disease
- Preparation for ultrasound examination
- For increasing appetite
- Dyspepsia (heartburn)

## https://www.alivitpharm.com/en/product/digestiv/

Stomach problems can cause a serious problem in everyday life. Namely, almost 80% of the cells of the immune system are located precisely in the digestive system. Given that intestinal problems affect the immune system of the entire organism, we can say that healthy intestines are also a prerequisite for our overall health.

Digestive capsules contain six plant extracts whose active principles work synergistically and alleviate digestive disorders, such as functional dyspepsia, irritable bowel syndrome and gastritis, reducing stomach pain, feeling of stomach fullness, bloating, digestive cramps, belching, nausea and heartburn.



- 90 soft gelatin capsules
- Dietary supplement
- Gluten-free

#### Dosage: 3 X 1 capsule during or after a meal.

- \* Our products have a high tolerance when used simultaneously with pharmacotherapy for various pathological conditions.
- \*\* In addition to the effect on the primary indication, all preparations have a beneficial effect on a number of other metabolic disorders (hypertension, dyslipidemia, diabetes, atherosclerosis, etc.).

## WHY DIGESTIV?



Fermented garlic stimulates intestinal peristalsis and accelerates the elimination of gases, and its use is recommended for slow bowel movements and constipation. The antimicrobial activity of garlic, in synergy with the gastroprotective action of olive oil, leads to the regeneration of the inflamed mucosa of the digestive tract.



Chamomile relaxes the smooth muscles of the gastrointestinal tract, reduces the occurrence of gas and helps with their elimination. It is recommended for spasms due to its carminative properties actions, as well as in the case of food digestion disorders.



Peppermint acts spasmolytic, anti-inflammatory, as a carminative, choleretic, as a cholagogue, and can be used as an antidiarrheal and antioxidant.



Cumin relaxes the smooth muscles of the gastrointestinal tract, acts as a carminative, antimicrobial and antioxidant. It can help in the therapy of Candida spp.



Angelica acts as an aromatic, bitter stimulant and is important for supporting the health of the digestive system, neutralizes gases, and reduces flatulence. Angelica root has an antibacterial and antifungal effect.



Rosemary is a good antiseptic, spasmolytic, astringent, carminative, diaphoretic, digestive and stomachic, so it is successfully used in the treatment of various disorders of the digestive system. It is considered as a good antiseptic of the digestive tract, prevents and removes flatulence. It is used for the treatment of dyspeptic complaints, sluggishness of the stomach and lazy intestines.





#### **HEPATO CARE** is intended for the following conditions:

- Fatty liver, elevated liver enzyme levels
- Cirrhosis, inflammatory liver processes
- Liver regeneration
- In conjunction with statin therapy
- In conjunction with antibiotic, analgesic, and other medications
- Healthy individuals at least 2-3 months per year
- $\bullet \ {\sf Excessive} \ consumption \ of \ alcohol, \ carbonated \ drinks, \ {\sf etc.}$
- · Aids in the treatment of Hepatocellular Carcinoma
- Elevated cholesterol and triglyceride levels in the blood
- In conjunction with statin therapy neutralizes the negative effects of statins
- Preventive liver detoxification

## https://www.alivitpharm.com/en/product/hepato-care/

The liver participates in the digestion process by forming bile, it is also very important for cholesterol metabolism, as well as in the function of blood detoxification and helps the body to filter toxic substances. Liver function is slowly damaged by excessive intake of harmful substances, unhealthy diet, alcohol, and medications over the years. That is why prevention is the best way to treat liver disease.

Hepato Care capsules contain herbs that can be used for regeneration of liver parenhim. As a powerful antioxidant, they regulate the lowering of liver enzyme levels and stimulate digestion and support the function of the liver and gallbladder.



- 90 soft gelatin capsules
- Dietary supplement
- Contains soy and gluten-free

#### Dosage: 3 X 1 capsule during or after a meal.

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<sup>\*\*</sup> In addition to the effect on the primary indication, all preparations have a beneficial effect on a number of other metabolic disorders (hypertension, dyslipidemia, diabetes, atherosclerosis, etc.).

## WHY HEPATO CARE?



Fermented garlic is a powerful antioxidant, it lowers the levels of liver enzymes, the increase of which is a consequence of various liver disorders and the so-called "fatty liver".



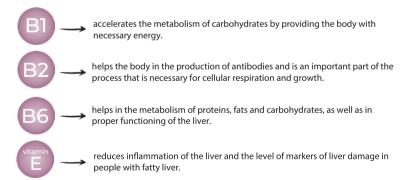
Dandelion has a pronounced antioxidant, anti-inflammatory and hepatoprotective potential, so it is used for damaged liver tissue due to excessive intake of alcohol and drugs. It can also be recommended for inflammation of the gallbladder, gallstones, indigestion, and it is widely used as an auxiliary tool in the treatment of viral hepatitis.



Yarrow is used in the treatment of inflammatory conditions of the gastrointestinal and hepatobiliary tract. It also favorably affects the creation and excretion bile juices.



Immortelle has been found to help in the treatment of liver and gallbladder, inflammation and infections. In addition to anti-inflammatory and antimicrobial action, immortelle also exhibits antioxidant action, neutralizes free radicals and protects against oxidative stress.









strengthens the weakened immune system

powerful antioxidant

prevents upper respiratory tract infection

#### **IMMUNO ACTIVE** is intended for the following conditions:

- Can be used by everyone to strengthen immunity
- · Chronic patients, Diabetics
- Individuals under significant psychophysical stress
- Individuals prone to frequent infections
- Recommended for use in cancer patients
- For respiratory infections cough, sore throat, and inflammatory conditions of the mucous membranes of the upper respiratory tract and urinary tract
- Poor blood count
- Exhaustion, fatigue, irritability
- · Post-COVID, During travel, Allergies, Herpes

#### https://www.alivitpharm.com/en/product/immuno-active/

The immune system is the defense mechanism of our organism. Its role is to protect the body from a large number of harmful influences, whether they are foreign bodies, such as viruses, bacteria, fungi, parasites, microorganisms, toxins, or tumors produced by the body itself. Strengthening the immune system is becoming a priority of today's supplementation. It is of key importance for whether our body will fight off viruses and resist severe symptoms and long-term illness, or whether it will still succumb to the symptoms. Immuno Active capsules contain plant species that are used to strengthen immunity, especially in sensitive categories: chronic patients, people under great psychophysical stress, people prone to frequent infections.



- 90 soft gelatin capsules
- Dietary supplement
- Contains soy and gluten-free

#### Dosage: 2 X 1 capsule during or after a meal.

- \* Our products have a high tolerance when used simultaneously with pharmacotherapy for various pathological conditions
- \*\* In addition to the effect on the primary indication, all preparations have a beneficial effect on a number of other metabolic disorders (hypertension, dyslipidemia, diabetes, atherosclerosis, etc.).

## WHY IMMUNO ACTIVE?



Fermented garlic helps protect against stress thanks to its antibacterial and antioxidant properties, supports the health of the immune system and is used as a traditional herbal medicine to relieve cold and flu symptoms.



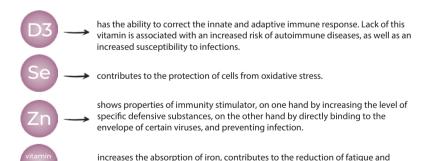
Black elderberry, because of its antioxidant and immunomodulatory properties, is recommended in the prevention and treatment of upper respiratory tract infections. By producing cytokines, it activates the immune system and reduces the duration of the flu by 3-4 days. It has been proven, by in vitro research, that black elderberry is effective against as many as ten strains of the flu virus.



Ginger has proven antimicrobial activity in many studies, so its use is recommended for various viral and bacterial infections.



Wild rose is traditionally, due to its high content of vitamin C, recommended for strengthening the immune system, in cases of spring fatigue and exhaustion.



exhaustion, minimizes cold symptoms and shortens the duration of the illness.





#### **NEURO** is intended for the following conditions:

- Exhaustion
- Sleep disorders
- Poor concentration
- Mental fatigue
- Neurodegenerative changes
- For individuals suffering from migraines
- Prevention of dementia

- Prevention and slowing down of Alzheimer's disease
- Helps with Parkinson's disease
- Diabetic polyneuropathy
- Radiculopathy, sciatica, damage to the peripheral nervous system
- Neurological issues after traumatic events
- Neuralgias, disorders of central circulation

#### https://www.alivitpharm.com/en/product/neuro/

Oxidative stress is accompanied by malaise, accelerated fatigue and lethargy, with insomnia, loss of motivation and rapid heartbeat. Neurodegenerative changes are an increasingly common consequence of today's lifestyle. The progression of these changes can be prevented by changing the lifestyle, as well as by appropriate supplementation. Neuro capsules contain fermented garlic, rosemary and green tea, which exhibit strong antioxidant and neuroprotective action, and are recommended for the prevention and alleviation of neurodegenerative diseases. Due to their anti-inflammatory action and strong effect on microcirculation, the mentioned plants are used in diabetic polyneuropathy and various radiculopathies.



- 90 soft gelatin capsules
- Dietary supplement
- Contains soy and is gluten-free

### Dosage: 2 X 1 capsule during or after a meal.

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<sup>\*\*</sup> In addition to the effect on the primary indication, all preparations have a beneficial effect on a number of other metabolic disorders (hypertension, dyslipidemia, diabetes, atherosclerosis, etc.).

## WHY NEURO?



Fermented garlic exhibits antioxidant, anti-inflammatory properties and neuroprotective action and has a positive effect on microcirculation, so it can be used in diabetic polyneuropathy and various radiculopathies.



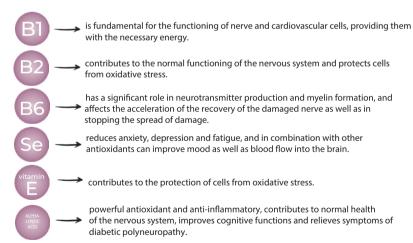
Lavender has a beneficial effect on nervous exhaustion and sleep disorders. It has a neuroprotective effect, so its use is recommended for disorders such as Alzheimer's and dementia. It has found ots use as an aid in the treatment of psychiatric conditions, such as anxiety and depression.



Rosemary has a beneficial effect on neurodegenerative diseases, such as Alzheimer's and Parkinson's disease. Rosemary has also shown positive effects in mild psychiatric conditions, such as stress, anxiety and depression.



Green tea has a neuroprotective effect, it is used as a prevention or aid in the treatment of neurodegenerative diseases, such as Alzheimer's and Parkinson's disease.







#### **POTENT MAX** is intended for the following conditions:

For men aged 30+

- Erectile dysfunction
- Male infertility of unknown etiology
- Poor spermogram
- For men undergoing in vitro fertilization
- To increase testosterone levels
- Loss of libido
- Lack of strength and energy
- For men in training processes

## https://www.alivitpharm.com/en/product/potent-max/

Impotence afflicts every tenth thirty-year-old man. About 50% of sixty-five-year-old men and 75% of eighty-year-old men are impotent. Financial problems, stress at work and in the family, great responsibility, unhealthy lifestyle, lack of vitamins, fatty food, cigarettes, alcohol, all of these are possible factors or triggers of impotence in men. Many men today resort to drugs, but natural supplements can be a more permanent and effective solution.

Potent max contains plant species that help regulate erectile function and sexual activity. The plant species Tribulus terrestris (goat's head) enhances libido and stimulates sexual activity. Due to its positive effect on testosterone levels, it is recommended for use in erectile dysfunction and male infertility of unknown etiology.



- 90 soft gelatin capsules
- Dietary supplement
- Contains soy and is gluten-free

Dosage: 3 X 2 capsules during or after a meal.

## WHY POTENT MAX?



Fermented garlic has a positive effect on blood vessels, accelerates circulation, neutralizes free radicals.



Goat's head is a plant species that has long been used as a sexual stimulant and in the therapy of male infertility. The effectiveness of this plant in the treatment of erectile dysfunction and male infertility can be attributed to its strong antioxidant effect and influence on the testosterone lovel.

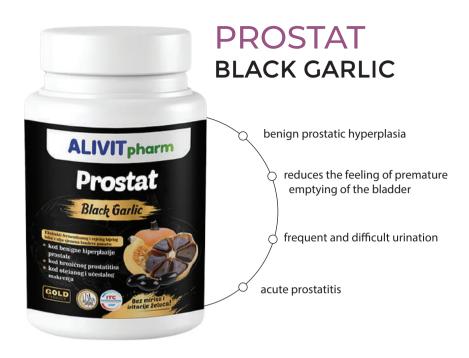


Fenugreek seeds are recommended in erectile dysfunction therapy and other sexual problems. Many studies have proven that fenugreek is very effective in the treatment of conditions that are the result of reduced androgen concentration. Fenugreek application leads to strengthening of sexual function, improves libido and increases serum testosterone concentration in middle-aged and older men.



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<sup>\*\*</sup> In addition to the effect on the primary indication, all preparations have a beneficial effect on a number of other metabolic disorders (hypertension, dyslipidemia, diabetes, atherosclerosis, etc.).



#### **PROSTAT** is intended for the following conditions:

For men aged 45+

- Benign prostatic hyperplasia (enlarged prostate)
- Frequent and difficult urination
- Acute Prostatitis

- Weakened bladder function
- Poor circulation
- Prevention of prostate enlargement and associated issues

## https://www.alivitpharm.com/en/product/prostat/

An enlarged prostate occurs in 50% of the male population at any age between fifty and sixty, and up to 90% in the population over eighty years old. Benign prostatic hyperplasia is the largest non-cancerous form of cellular growth in men. Active bladder syndrome affects about 20% of the world's population and, in combination with benign prostatic hyperplasia, drastically affects the daily quality of life.

Prostat contains plant species that help alleviate the problems associated with benign prostatic hyperplasia, frequent and difficult urination, as well as acute prostatitis.



- 60 soft gelatin capsules
- Dietary supplement
- Gluten-free

Dosage: 3 X 1 capsule during or after a meal.

## WHY PROSTAT?



Fermented and fresh garlic, in addition to strong antioxidant effect, also exhibits anti-inflammatory and antimicrobial action, which is very important in the prevention and relief of symptoms of chronic prostatitis and impaired bladder function.



Pumpkin seed oil is rich in vitamins A, E, K, then vitamins of the B group (B1, B2, B3, B6 and B9), as well as vitamin C. Minerals included are magnesium, manganese, calcium, phosphorus, traces of iron, copper and selenium, and is also an excellent source of zinc. It is traditionally used as an effective remedy for the relief of ailments associated with benign prostatic hyperplasia, with frequent (night) urination and as a means to strengthen the function of the urinary bladder. Additionally, due to the high content of omega 3 and omega 6 fatty acids, pumpkin seed oil also shows excellent anti-inflammatory properties, which found its use in the treatment of prostatitis.



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#### **PROSTAT PLUS** is intended for the following conditions:

For men aged 45+

- Benign prostatic hyperplasia (enlarged prostate)
- Frequent and difficult urination
- Chronic Prostatitis

- Weakened bladder function
- Prevention of prostate enlargement and associated issues

## https://www.alivitpharm.com/en/product/prostat-plus/

An enlarged prostate, also known as benign prostatic hyperplasia (BPH), is the most common prostate problem in men over the age of fifty. It can occur due to genetic predispositions, unhealthy lifestyle and diet. Prostat Plus contains plant species that help alleviate the problems associated with benign prostatic hyperplasia, as well as with chronic prostatitis. It also helps with weakened bladder function and frequent urination



- 90 soft gelatin capsules
- Dietary supplement
- Gluten-free

Dosage: 3 X 1 capsule during or after a meal.

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<sup>\*\*</sup> In addition to the effect on the primary indication, all preparations have a beneficial effect on a number of other metabolic disorders (hypertension, dyslipidemia, diabetes, atherosclerosis, etc.).

## WHY PROSTAT PLUS?



Fermented garlic, in addition to its antioxidant effect, also has antimicrobial and anti-inflammatory action, so it found a very important use as an auxiliary tool in the treatment of chronic prostatitis, benign prostatic hyperplasia and weakened bladder function.



Turmeric has an antimicrobial, antioxidant and anti-inflammatory effect, reduces the synthesis of cytokines and alleviates the symptoms associated with chronic prostatitis.



Black pepper has a strong antioxidant potential, and it has the possibility to improve the absorption of some drugs such as rifampicin, sulfadiazine, tetracyclines and phenytoin. It improves the bioavailability of many active substances, including curcumin.



Hoary willowherb is used in the treatment of prostate disorders and its use is especially recommended for patients diagnosed with benign prostatic hyperplasia. In addition to having a positive effect on prostate disease, it is also recommended for bladder and kidney diseases.



Nettle shows a diuretic effect, it accelerates the excretion of urine, and in addition to the diuretic effect, it also has an anti-inflammatory effect recommended for various urinary tract infections.



is necessary for prostate cells, which require about ten times more zinc than other cells in the body. It is also important for the correct balance of testosterone. Men with low zinc levels are at higher risk of developing prostate cancer.



 contributes to normal fertility, reproduction and protection of cells from oxidative stress.



helps maintain a healthy prostate and can help reduce it symptoms of inflammation.





#### **TIREOPLUS** is intended for the following conditions:

- Thyroid disorders
- For the development of hypo- or hyperthyroidism, Hashimoto's disease (minor hormonal imbalance)
- Thyroiditis (minor hormonal imbalance)
- Minor hormonal imbalance
- For women with polycystic ovary syndrome, to maintain hormone levels within normal range
- Preventive for individuals with a genetic predisposition

#### https://www.alivitpharm.com/en/product/tireoplus/

Thyroid hormones affect all cells and organs in the body by regulating metabolism, as well as the rate of calorie burning, affect the heart function and the entire cardiovascular system, control muscle contraction, are essential for the development of the brain and spinal cord, regulate body temperature, mood, generate energy in the body and many other processes. Due to the slow functioning of the thyroid gland, there is a disturbance in the value of thyroid hormones, which can produce different and non-specific symptoms, which indicate their great impact on health and quality of life. Tireoplus capsules contain the powder of the fermented garlic bulb and the motherwort powder, which with their synergistic action contribute to the normal functioning of the thyroid gland and protect cells from oxidative stress.



- 90 hard capsules
- Dietary supplement
- Gluten-free

Dosage: 2 X 1 capsule during or after a meal.

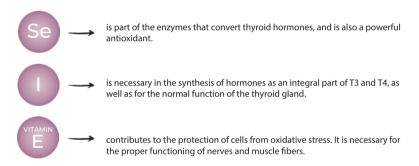
## WHY TIREOPLUS?



Fermented garlic has anti-inflammatory properties and antioxidant action, contributes to normal functioning of the thyroid gland and can be recommended in acute thyroiditis.



Motherwort can be used as an aid in the treatment of pathophysiological conditions, such as: stress, anxiety, panic attacks, nervousness, irritability, insomnia, hyperthyroidism, Graves' disease, contributes to normal functioning of the thyroid gland.





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**ALISEPT** 

helps with bacterial and fungal urinary infections

relieves the symptoms while urinating during inflammation of urinary tract

increases the effect of antibiotics and antifungal, leads to faster achieving the desired results

#### **ALISEPT** is intended for the following conditions:

- Inflammations and bacterial/fungal infections of the urinary tract
- · Patients with a catheter
- In conjunction with antibiotic therapy to enhance the effect of antibiotics and antimycotics
- In conjunction with therapy for Escherichia coli (E. coli), Candida
- Prevention for individuals prone to frequent urinary tract infections
- Prevention for individuals with weakened immune systems

## https://www.alivitpharm.com/en/product/alisept/

Urinary infections, the symptoms they cause, and above all discomfort during urination, occur much more often in women than in men. The reason for this is reduced local immunity in the bladder. Alisept capsules contain herbs that are recommended for relieving symptoms of inflammation and bacterial infections of the urinary tract, and can also be used as prevention in people prone to frequent urinary infections.



- 90 soft gelatin capsules
- Dietary supplement
- Gluten-free

## Dosage: 3 X 1 capsule during or after a meal.

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## WHY ALISEPT?



Fresh garlic has long been known as the most effective plant species in the fight against bacterial infections. Many studies have proven that the oil extract of fresh garlic has a very broad antimicrobial effect, including bacteria that have become resistant to antibiotics.



Parsley has a diuretic effect, and it also has a mild spasmolytic effect, so it can also be recommended to relieve spasms in diseases of the urinary system in men and women. Parsley also has a strong antimycotic effect and it is great at fighting fungal infections.



Oregano has strong antimicrobial, anti-inflammatory, antioxidant, hypoglycemic and antimutagenic effects. It contributes to the high effectiveness of the therapy when it comes to the treatment of fungal infection caused by Candida spp.



Cornel has a very strong antioxidant, anti-inflammatory effect, as well as antimicrobial effect (it showed a positive effect in the treatment of malaria - antiprotozoic). It is used in the treatment of urinary tract infections in men and women.



Horseradish is used to improve immunity, protects the body from colds, cleans the respiratory tract, prevents the development of microorganisms (it has shown its antimicrobial activity mostly in the treatment of bacterial infections of the respiratory tract and urinary bladder), improves circulation, and all this is attributed to the high antioxidant and anti-inflammatory potential of horseradish.



Cranberry contains proanthocyanidin, which is responsible for inhibiting urinary infections. The high content of natural acids in the cranberry fruit contributes to lowering pH values in the urinary tract, which prevents the growth and development of pathogenic bacteria and their adhesion to the walls of the urinary tract. All this says that cranberry is a plant with a pronounced uroantiseptic effect.



Peppermint acts spasmolytic, antimicrobial, anti-inflammatory, as a carminative, as a choleretic, as a cholagogue, and can be used as an antidiarrheic and as antioxidant.



## PARAZIT STOP COMPLEX

## **BLACK GARLIC**



contributes to the disappearance of intestinal parasites

improves digestion

contributes to the normal function of the digestive tract

stimulates the growth of beneficial intestinal microbiota

#### https://www.alivitpharm.com/en/product/antiparazit-complex/

According to the World Health Organization, more than 1.5 billion people suffer from helminth infections, which represents a serious public health problem. Protozoal infections, such as malaria and amebiasis, are responsible for a high mortality rate, especially in tropical regions, where conditions for the spread of these infections are favorable.

Parasitic infections can manifest in the form of digestive symptoms (diarrhea, vomiting, abdominal pain, bloating), neurological symptoms (sleep disturbances, headaches, neurological dysfunction), systemic symptoms (fatigue, weakness, anemia, weight loss), as well as dermatological manifestations (pruritus, rashes, ulcerations).



- Parazit Stop I: 28 soft gelatin capsules
- Parazit Stop II: 60 soft gelatin capsules
- Dietary supplement

Parazit Stop I dosage: 2 capsules in the morning (14 days) Parazit Stop II dosage: 2 capsules in the evening (30 days)

<sup>\*</sup> Our products have a high tolerance when used simultaneously with pharmacotherapy for various pathological conditions.

<sup>\*</sup> In addition to the effect on the primary indication, all preparations have a beneficial effect on a number of other metabolic disorders (hypertension, dyslipidemia, diabetes, atherosclerosis, etc.)

## WHY PARAZIT STOP COMPLEX?

#### PARAZIT STOP I



**Thyme** is used as a natural antiparasitic. Research has shown that thyme extract has a significant effect on parasites such as Giardia and intestinal helminths.



**Fig leaves** contain enzymes that break down the protein structures of helminths. They are key in the process of breaking down helminths, which contributes to their efficient elimination from the body.



Clove damages the cells of parasites, thereby reducing their ability to survive and reproduce. The active ingredients damage the cellular structure of larvae and adult helminths.



**Artemisia** damages the cells of parasites, reducing their ability to survive and reproduce. The active ingredients damage the cellular structure of larvae and adult helminths.



**Ginger** facilitates the expulsion of parasites and reduces inflammatory reactions caused by the parasites present.

#### PARAZIT STOP II



**Garlic** and **fermented garlic**, with the help of the active component S-allyl cysteine, interfere with the work of the enzyme systems of parasites, thereby reducing their ability to survive and reproduce.



**Papaya** breaks down the protein structure of parasites, which facilitates their elimination from the body.



**Black walnut shells** inhibit the proliferation of parasites and contribute to the detoxification of the body.



**Black pepper** improves the bioavailability of other components and exhibits antimicrobial properties, which contributes to better health.



**Turmeric** has anti-inflammatory effects, reducing oxidative stress caused by parasitic infections.



**Oregano** damages the cell membranes of protozoa and helminths, leading to their apoptosis.



## VITAMIN D3 4000 IU

contributes to the maintenance of bone health

contributes to the mainteinance of normal muscle function

helps normal absorption/utilization of calcium and phosphorus

enables the normal functioning of the immune system

## https://www.alivitpharm.com/en/product/vitamin-d3-4000-iu/

Vitamin D is much more than a vitamin. Because of its many functions, some scientists consider it not just a vitamin, but a prohormone. Like hormones, it is produced in one part of the body, transported through the blood and has a targeted effect on other organs and tissues. Its molecular structure also resembles hormones such as estrogen and cortisol, since it belongs to the group of sterol compounds. Thanks to its hormonal functions, vitamin D plays a key role in regulating bone and muscle health, supporting the immune system, maintaining optimal insulin and blood sugar levels, as well as in the metabolism of calcium and phosphate.

When used as a dietary supplement, vitamin D3 achieves its highest bioavailability in the form of soft gelatin capsules that contain vitamin D3 in liquid form, allowing its optimal absorption in the body.



- 90 soft gelatin capsules
- Dietary supplement
- Gluten-free

Dosage: 1 X 1 capsule during or after meals.

## WHY VITAMIN D3 4000 IU?



Vitamin D, which acts mostly as a hormone, plays an important role in regulating calcium and phosphate homeostasis, metabolism, immune response to infections, and the prevention of autoimmune diseases and cancer. It also contributes to the maintenance of cognitive function and bone and muscle health.

Its role in the development of nerve cells is particularly important, and vitamin D deficiency is associated with a number of neurodegenerative diseases, such as multiple sclerosis, Parkinson's and Alzheimer's diseases, amyotrophic lateral sclerosis, and epilepsy. In addition, vitamin D has a strong impact on heart and blood vessel health, helping to regulate blood pressure and reducing the risk of cardiovascular disease.

Vitamin D deficiency is also associated with an increased risk of mental disorders. Its most active metabolite, calcitriol, influences the immune response of macrophages and dendritic cells, participating in the activation of T and B lymphocytes. Scientific research has shown that vitamin D deficiency may be associated with the development of autoimmune diseases, including multiple sclerosis, type I diabetes, rheumatoid arthritis, psoriasis, and inflammatory bowel disease.

Vitamin D helps to suppress inflammatory processes and regulates the growth of skin cells, which is why it is often used in the treatment of psoriasis. It also affects fibroblast growth factors, which are essential for healthy hair growth. It leads to a decrease in the expression of the renin gene, which results in a decrease in blood pressure and a reduced risk of hypertension, cardiovascular and cerebrovascular diseases.



<sup>\*</sup> Our products have a high tolerance when used simultaneously with pharmacotherapy for various pathological conditions.

\*\*In addition to the effect on the primary indication, all preparations have a beneficial effect on a number of other

<sup>\*\*</sup> In addition to the effect on the primary indication, all preparations have a beneficial effect on a number of other metabolic disorders (hypertension, dyslipidemia, diabetes, atherosclerosis, etc.).



#### https://www.alivitpharm.com/en/product/mg-&-more/

This preparation combines magnesium bisglycinate, magnesium L-threonate and vitamin B6, providing comprehensive support for the nervous system, muscles and cognitive functions.

Magnesium bisglycinate is highly bioavailable and easily absorbed, helping to relax muscles and reduce cramps. Magnesium L-threonate is the only form of magnesium that crosses the blood-brain barrier, improving brain function, supporting memory and cognitive processes. Vitamin B6 plays a key role in metabolism and nervous system health, contributing to the reduction of fatigue and stress.

This carefully selected combination of ingredients makes the preparation ideal for improving mental health, increasing energy and stress resistance, while simultaneously supporting muscle and nervous system health.



- 60 hard capsules
- Dietary supplement
- Gluten-free

## WHY MG-&-MORE?



Magnesium bisglycinate is known for its high bioavailability, making it more effective in replenishing magnesium stores in the body compared to other forms, such as oxide or citrate. Its advantage also lies in better tolerance, as it rarely causes digestive disorders such as diarrhea or bloating, making it suitable for people with sensitive stomachs. As a key cofactor in over 300 enzyme reactions, magnesium participates in protein synthesis, energy production and regulation of muscle and nervous system functions. The presence of the amino acid glycine additionally contributes to mental health, as it has a calming effect on the nervous system, reduces stress, anxiety and improves sleep quality. Magnesium is also essential for bone health, as it enables proper mineralization and calcium balance, which contributes to bone strength and resistance, especially in people with an increased risk of osteoporosis.



Magnesium L-threonate is a specific form of magnesium with an exceptional ability to cross the blood-brain barrier, making it particularly useful for improving cognitive function and mental health. Its effectiveness is reflected in its ability to improve memory, learning and mental clarity, especially in older people, thanks to its positive impact on synaptic plasticity and the function of neuronal connections. It also has strong neuroprotective effects, reducing oxidative stress and inflammatory processes associated with neurodegenerative diseases such as Alzheimer's disease. Its ability to calm the nervous system contributes to better sleep quality, regulation of sleep cycles and reduction of insomnia symptoms, which further helps in the regeneration of the body and the preservation of mental health. In addition, magnesium L-threonate affects the function of neurotransmitters such as serotonin and dopamine, which helps in modulating stress, reducing anxiety and depressive symptoms. Its relaxing effect on blood vessels and neuroinflammation can contribute to reducing the frequency and intensity of migraines, making it a useful supplement for people prone to headaches. All of these properties make magnesium L-threonate an effective dietary supplement for maintaining brain health, supporting neurological function, and mitigating the negative effects of stress, anxiety, and cognitive decline.



→ Vitamin B6 plays a key role in the absorption and bioavailability of magnesium, helping it to be transported to cells and utilized more efficiently in the body. It stimulates the activity of enzymes that enable proper absorption of magnesium in the intestines and facilitates its binding to proteins, thereby improving its function.



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helps regulate the menstrual cycle and improves ovulation in women with PCOS

supports hormonal balance and may improve fertility in women who have irregular cycles or other reproductive disorders

helps relieve menopause symptoms

helps normalize menstrual cycles

## https://www.alivitpharm.com/en/product/ovarinova/

Polycystic Ovary Syndrome (PCOS) - Hormonal Balance and Reproductive Health Support

Polycystic ovary syndrome (PCOS) is one of the most common hormonal disorders in women, occurring between puberty and menopause. According to the World Health Organization (WHO), more than 116 million women worldwide (3.4%) are affected by this condition. One of the key factors in managing PCOS is regulating insulin resistance, which is often present in women with this syndrome. **Myo-inositol** and **D-chiro-inositol** have been shown to reduce insulin resistance, which not only improves metabolic health, but also positively affects reproductive function. **Vitex** additionally supports hormonal balance by regulating prolactin levels, which plays an important role in the female endocrine system.

**Ovarinova** provides comprehensive support for ovarian health, fertility and hormonal balance. This preparation is especially useful for women who want to improve reproductive health, alleviate menopausal symptoms or maintain hormonal balance during different stages of life.



- 120 hard capsules
- Dietary supplement
- Gluten-free

## WHY OVARINOVA?



Vitex helps regulate hormones, especially estrogen, which plays a key role in reducing menopausal symptoms. It helps relieve hot flashes, night sweats, and mood swings that accompany menopause, improving the quality of life for women during this period. It has antioxidant properties, which help protect cells from oxidative stress and reduce inflammation in the body. It helps regulate prolactin levels, which is important for the balance of hormones that affect fertility and lactation. It has a calming effect on the nervous system, helping to relieve symptoms of anxiety and insomnia.

## Myo Inositol and D-Hiro Inositol - Key Ingredients for Health and Fertility



Myo Inositol is essential for regulating metabolic processes and cell health. Its ability to increase cell sensitivity to insulin helps regulate blood glucose levels, which is especially beneficial for women with PCOS (polycystic ovary syndrome). Myo Inositol can improve ovulation and reduce androgen levels, which are often elevated in this condition. It also supports ovarian function and helps regulate the menstrual cycle. Using Myo Inositol also helps reduce the risk of developing type 2 diabetes, especially in women with insulin resistance.



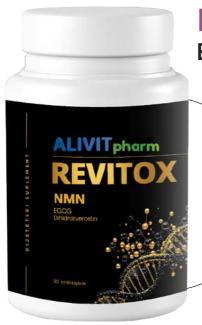
D-Hiro Inositol plays a key role in regulating metabolism and hormonal balance. It reduces insulin resistance, improves ovarian function and increases the chances of ovulation in women with PCOS. It works synergistically with Myo Inositol, thereby increasing the chances of pregnancy and improving fertility in women with reproductive problems. D-Hiro Inositol also reduces the risk of cardiovascular disease by reducing triglyceride levels and improving the lipid profile. In addition, it supports cell health and reduces oxidative stress, which is essential for the overall health of the body.

The combination of Myo and D-Hiro Inositol provides comprehensive support for metabolic balance, fertility, and women's health, making them essential supplements for women with hormonal imbalances and fertility issues.



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REVITOX
BLACK GARLIC

participates in energy production (increases muscle strength and endurance)

protects the body from oxidative stress

enhances cognitive functions

detoxifies the body

reduces the risk of obesity and diabetes

leads to the regeneration of all cells in the body

regulates and corrects metabolic imbalances

protects against neurodegenerative changes

https://www.alivitpharm.com/en/product/revitox/

### **Revitox - Advanced Formula for Longevity and Vitality**

Revitox is an innovative dietary supplement that combines powerful bioactive ingredients - NMN, EGCG, dihydroquercetin, resveratrol and fermented garlic - known for their exceptional health benefits. This carefully selected combination supports increased levels of NAD+, a key coenzyme for energy metabolism and optimal cell function, thereby slowing down the aging process.

The synergistic action of these ingredients contributes to increased energy, vitality and overall health, strengthening the body and mind. Revitox not only helps prevent aging, but also actively supports physical and mental well-being.



- 120 hard capsules
- Dietary supplement
- Gluten-free

Dosage: 2 X 2 capsules during or after meals.

## WHY REVITOX?



Fermented garlic cleanses your body and supports your immune system. Our fermented garlic is not just a supplement; it is a natural shield, a fighter that cleanses your body of accumulated toxins, helping you stay healthy and balanced. It is your defense against external challenges.



EGCG (Epigallocatechin gallate) – The most powerful antioxidant in green tea. EGCG is known for its ability to cleanse the body of toxins, speed up metabolism, and provide a feeling of lightness and freshness that lasts throughout the day. This natural stress buster helps restore balance to the body, giving it the strength to deal with all of life's challenges.



nicotinamide Mononucleotide (NMN) – The key to endless energy from within. NMN triggers the natural process of cell regeneration, restoring the vitality and energy you may have forgotten. This powerful ingredient restores strength, refreshes the mind and body, allowing you to feel the power coming from deep within your cells.



resveratrol – A valuable, natural antioxidant that protects the heart and blood vessels, restores skin health and youthful radiance, and helps regulate body weight and blood sugar. Resveratrol is an essential ingredient for the overall well-being of the body, providing comprehensive protection.



dihydroquercetin – a unique antioxidant that protects blood vessels and allows the body to function with ease. Dihydroquercetin helps overcome daily stresses, restoring inner strength and stability.

This powerful combination of ingredients makes Revitox your secret ally in maintaining vitality, providing comprehensive health support - from optimal metabolism to mental well-being.



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<sup>\*\*</sup> In addition to the effect on the primary indication, all preparations have a beneficial effect on a number of other metabolic disorders (hypertension, dyslipidemia, diabetes, atherosclerosis, etc.).



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